



School of Sahaj Energy Healing

Ethics Agreement and Release Form

The School of Sahaj Energy Healing (SOSEH) is built on a foundation of integrity and offers students a supportive and loving environment. With a focus on experiencing higher levels of consciousness, we are committed to the highest standards of self-responsibility with a willingness to continually examine our motivations and behavior. This path requires courage, an open mind, and a willingness to deeply explore all aspects of the self. In order to sustain an environment of trust and loving support needed for this journey, we ask all staff, instructors, and students to uphold the following standards:

1. I am committed to confidentiality, and will not discuss any individual's personal process or experience outside of the classroom. With respect for my classmates, class assistants and instructors, I will not discuss any personal information which may be shared during the classes.
2. I will use the healing techniques learned at the SOSEH in selfless service to humanity, with a willingness to constantly examine my own motives and intent.
3. Upon acceptance as a student, I agree not to be paid or to accept any gifts, compensation, or any other remuneration from anyone who receives an energy healing session from me unless expressly defined by the program.
4. I will not start an energy healing practice until I have completed the Graduate program with the SOSEH.
5. Upon acceptance as a student, I agree to discontinue any use of recreational drugs, and I agree not to use any alcohol on class days.
6. I agree to immediately communicate to the instructor any experience of physical or emotional distress during the seminar.
7. I understand that if at any time the Administrator/Instructor feels my participation in an exercise or the program is unhealthy for myself or others, they can request my withdrawal from the class.
8. I understand that I am fully responsible for my own self-care, physically, emotionally, mentally and spiritually, during the classes. If at any time I feel over-extended it is my responsibility to make the decision to refrain from any particular exercise or experience that may be uncomfortable for me. I will immediately communicate this to the instructor.
9. I will not hold the SOSEH responsible for any financial, physical or emotional damage that may occur during or after the class. I release any staff from responsibility due to loss, liability or damages that may occur during my participation in the classes.
10. Energy healing is a powerful vehicle for transformation. I take full responsibility to create my support team independent from the SOSEH. I acknowledge that I am personally responsible for my own growth and evolution.
11. I understand that the exercises and techniques taught in the classes are the intellectual property of the SOSEH and Bear McKay. I fully agree that I will not teach these exercises and techniques to others unless I have written approval from Bear McKay.
12. I give permission for the SOSEH to use my image, voice or words in materials relating to the SOSEH.

Student

Date